

Doodle Lou's

MAKE A RAINSTICK

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Many cultures around the world have made rainsticks. Traditionally they were made of cactus with cactus thorns pounded into a branch. Rainsticks were often used in ceremonies to bring rain to dry deserts of Latin America, the American Southwest, Africa and Australia.

Materials:

- A sturdy cardboard tube.
- Small flat head nails (*shorter than the width of the tube*)
- A pencil
- A mallet or hammer
- Clear packing tape
- A handful of combined beans, rice, and pebbles.
- Decorating materials. (*See 6 below.*)

Directions:

1. Draw a spiral down the tube following the seam.
2. Pound nails all along the spiral line about 3 " apart.
3. Seal one end shut with clear packing tape.
4. Use a funnel to pour the beans, rice, and pebbles into the open end of the tube.
5. Seal the open end of the tube shut with clear packing tape.
6. Decorate your rainstick. You may choose:
 - a. To paint your rainstick
 - b. To decorate it with stickers
 - c. To cover it with patterned tapes.
 - d. To glue interesting papers to the tube.
 - e. To tie colorful ribbons or yarn around it to add a splash of color.
7. Slowly move the rainstick from a horizontal position to a vertical position. Enjoy the sound of falling rain.

